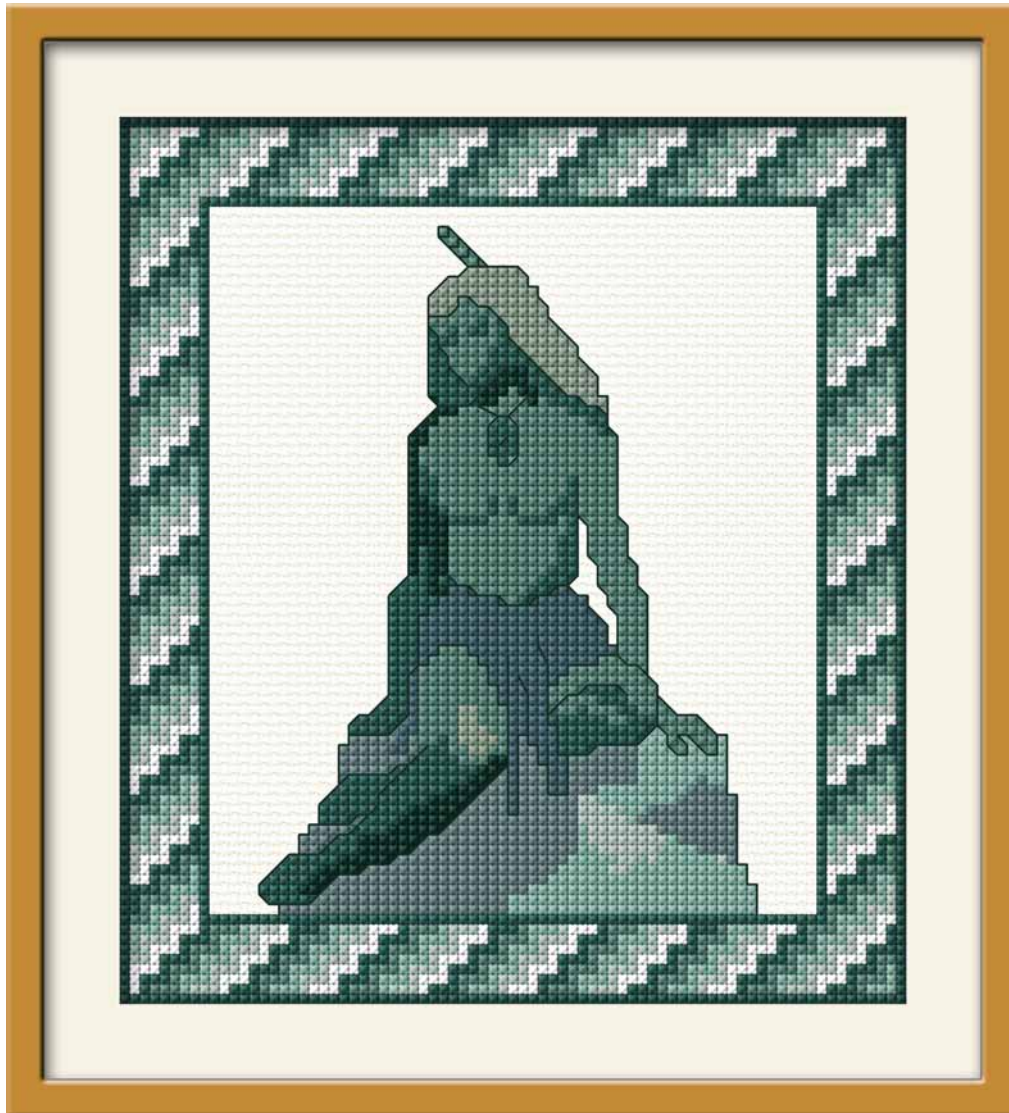


# Pania of the Reef

with wave border  
*from a design by Lyn Manning*



The story is told that Pania was a woman of the sea and one day she meet a handsome Maori man of the land, Karitoki. So she left the sea and became his wife. Pania lived with her husband in a whare at a spot now known as Sturm's Gully, near the foot of the Napier breakwater.

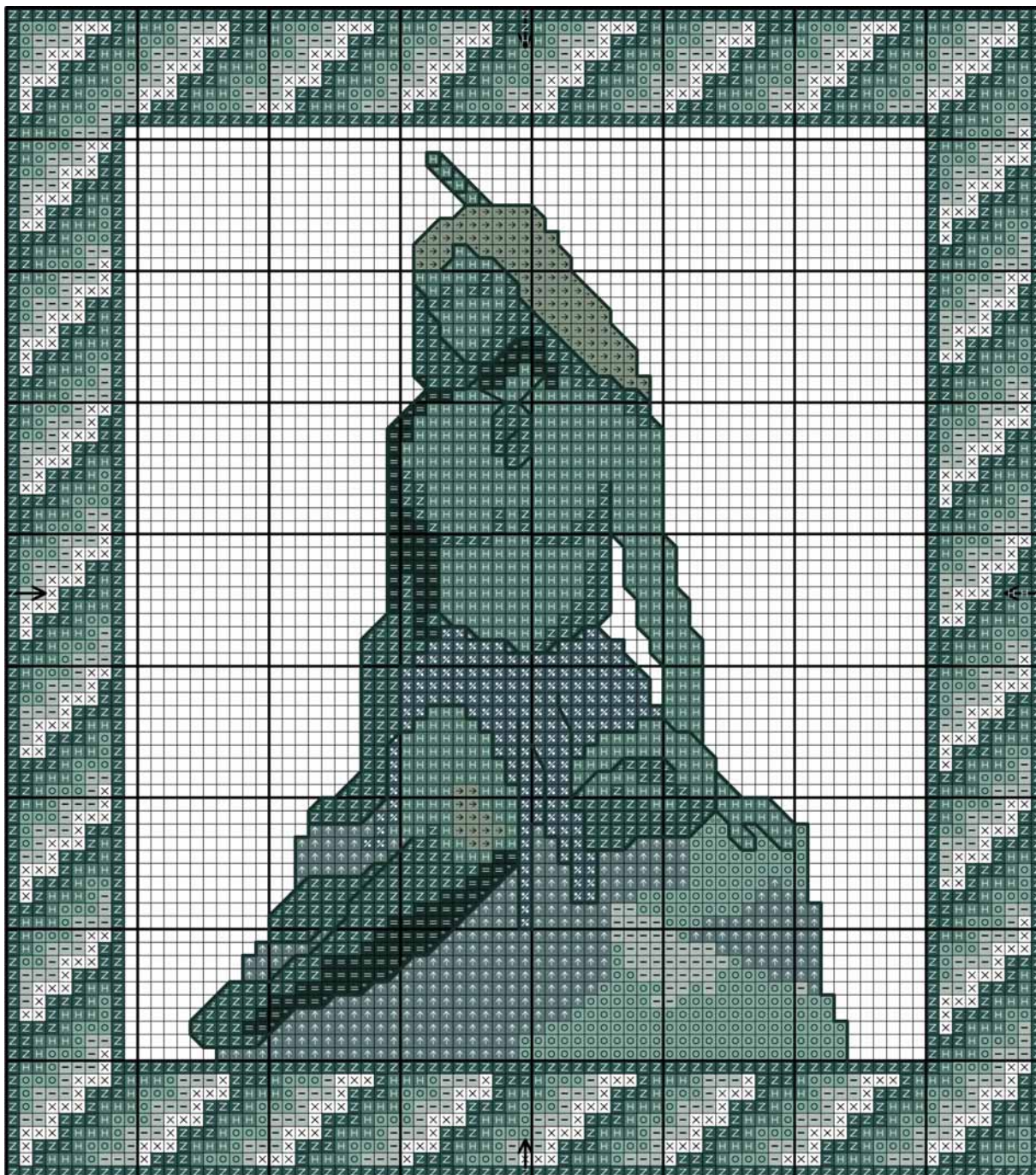
But the sea people were forever calling her. She resisted their call for a long time, but the lure of the sea people became irresistible and she swam out to meet them, just once.

The sea people came from the depths and surrounded her, they drew her down into the caverns of the sea, never to return to the land of mortals.

And now, if you pass over the reef where the kingfish shoal and gaze in to the depths, you will see Pania with arms outstretched, ever striving to return to the lover she left on that fateful day.

# Pania of the Reef

with wave border  
*from a design by Lyn Manning*



DMC  
 Stranded  
 Cotton

⊗ W5200

↖ 500 (back stitch)

▬ 500

Z 501

H 502

→ 503

↑ 926

— 928

⊗ 3768

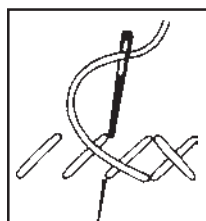
○ 3813

**Finished size:** 15 x 17cm

**Suggested Material:**  
 25 x 30cm Zweigart  
 14ct Antique White Aida

**Instructions:**

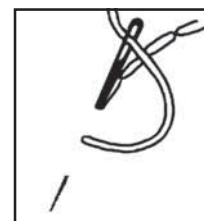
Stitch symbols as Cross  
 stitch or 3/4 Cross Stitch  
 with 2 strands. Stitch lines  
 as Back stitch with one  
 Strand.



**Cross Stitch**



**3/4 Cross Stitch**



**Back Stitch**